

# LVISD School Health Advisory Committee Minutes

## 12/01/2022

Remote meeting via Google Meet

Meeting Link <http://meet.google.com/cuh/iaaw-rqn>

Join by phone - [321-586-2483](tel:321-586-2483)

1) Introduction of committee members: Members in bold are district employees. Those with an asterisk were present in the meeting.

|                           |                              |
|---------------------------|------------------------------|
| <b>Regina Carmichael*</b> | <b>Co-Chair, Nurse</b>       |
| <b>Suzy Lofton*</b>       | <b>Admin Liaison</b>         |
| <b>Jennifer Porter</b>    | <b>Food Services Manager</b> |
| <b>Cynthia Gumbert*</b>   | <b>Counselor</b>             |
| Nancy Moore               | Community                    |
| Nicole Pabst              | ES Parent                    |
| Lauren Kirkoff*           | ES Parent                    |
| <b>Holly M Jackson</b>    | <b>ES Staff</b>              |
| Coral Nash*               | HS Parent                    |
| Britni Arambula*          | HS Parent                    |
| <b>Jeannine Lowrance*</b> | <b>HS Staff</b>              |
| Julie Wesselman*          | MS Parent                    |
| Kara Trissel              | MS Parent                    |
| <b>Tricia Vasquez</b>     | <b>MS Staff</b>              |
| Angela Smith              | IS Parent                    |
| Keri Gold*                | IS Parent                    |
| Jessica Robert            | IS Parent                    |
| <b>LaTasha Pharris*</b>   | <b>IS Staff</b>              |
| Dr Charles Cox*           | Community, District Med Adv  |
| Gillian Childs*           | Student                      |

2) Explanation of SHAC responsibilities and committee by Regina Carmichael.

## What is a SHAC?

The Lago Vista ISD School Health Advisory Council (SHAC) works to foster a culture of health and wellness for students, families and staff. Members consist of LVISD parents, school personnel and community members. The SHAC meets 4 times per year to review coordinated school health programs and make suggestions on ways to improve the health and wellness of our Lago Vista ISD community.

## What does a SHAC do?

The SHAC works to assist the District in ensuring that local community values are reflected in the District's coordinated school health programs. The SHAC makes recommendations to the District and to the Board of Trustees.

## What is included in a Coordinated School Health Program?

The components of a coordinated school health program include nutrition services, health services, counseling and social services, physical education, health education, family and community involvement, health promotion for staff and a healthy school environment.

Carmichael invited members to participate in roles as either Co-Chair (must be a parent) or as recording secretary. Julie Wesselman offered to be recording secretary beginning at the next meeting as she was currently attending the meeting while not at home. (Addendum: 12/13/22 Coral Nash has offered to be Co-chair for this year)

### 3) SHAC subcommittees

- a) PE and Physical Activity: members invited to email Regina if they are interested in being involved
- b) Curriculum Education Committee as needed each year:

The SHAC is responsible for recommending the appropriate grade levels and curriculum for instruction regarding opioid addiction and abuse and methods for administering an opioid antagonist. There was not enough time at the last meeting of 21-22 to fully evaluate the options so a survey was sent out after the meeting. The survey results will be reviewed during our next meeting.

### 4) Child Abuse, Family Violence, Dating Violence, and Human Trafficking curriculum:

Dr Lofton explained that Texas Senate Bill 9 stipulates that the district board of trustees is required to select, with the advice of the local SHAC, any course materials relating to the prevention of child abuse, family violence, dating violence, and sex trafficking.

The Health Curriculum in use in LVISD is published by Goodheart-Willcox. There is a Middle School edition that is delivered in 7th grade and a High School edition delivered in 9th grade. They have supplemental companion publications for both HS and MS designed to cover the needs of SB 9. It is the only publication approved by TEA.

Parents are to be notified before the lessons are taught and allowed to view the material and must opt in to the classes. Students without documented permission will not be able to participate.

Permission will be granted or withheld via an emailed notification with a Google Form questionnaire.

Parent SHAC members suggested that the Dating Violence and Human Trafficking information be revisited after the 9th grade year to reinforce via a speaker or other approach. They felt that the need

to know only grew more serious as students grew older.

SHAC members were able to briefly view a Powerpoint presentation of the publications for MS & HS. They asked to be able to review the material more thoroughly before making a recommendation. Dr. Lofton stated that the slides can be sent to members for closer reading with the stipulation that because of copyright restrictions, they cannot be copied, shared or printed.

Dr Lofton suggested interested parents can go to [www.billtracker.tasanet.org](http://www.billtracker.tasanet.org) to be able to track along with legislative updates.

5) Dates for proposed future meetings are January 26, February 23 and March 30th. Gina Carmichael suggested an alternate date for the last meeting of April 27. No decision was made at this time.

Minutes submitted 12/15/22 by Regina Carmichael, RN